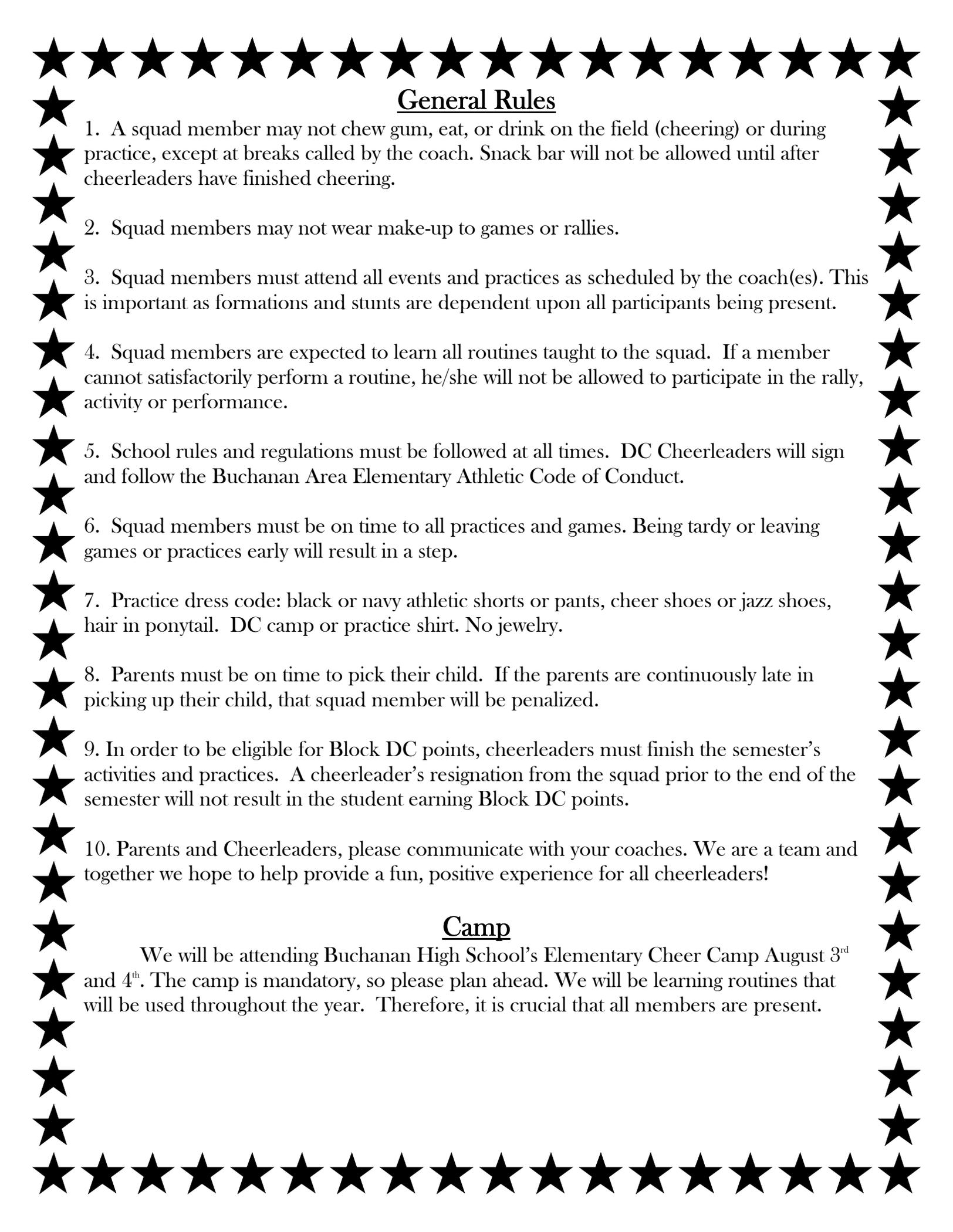


**Dry Creek Elementary**

**Pep & Cheer  
Handbook**

**2017-2018**



A decorative border of black stars surrounds the text. The stars are arranged in a rectangular frame, with a single row of stars at the top and bottom, and vertical columns of stars on the left and right sides.

## General Rules

1. A squad member may not chew gum, eat, or drink on the field (cheering) or during practice, except at breaks called by the coach. Snack bar will not be allowed until after cheerleaders have finished cheering.
2. Squad members may not wear make-up to games or rallies.
3. Squad members must attend all events and practices as scheduled by the coach(es). This is important as formations and stunts are dependent upon all participants being present.
4. Squad members are expected to learn all routines taught to the squad. If a member cannot satisfactorily perform a routine, he/she will not be allowed to participate in the rally, activity or performance.
5. School rules and regulations must be followed at all times. DC Cheerleaders will sign and follow the Buchanan Area Elementary Athletic Code of Conduct.
6. Squad members must be on time to all practices and games. Being tardy or leaving games or practices early will result in a step.
7. Practice dress code: black or navy athletic shorts or pants, cheer shoes or jazz shoes, hair in ponytail. DC camp or practice shirt. No jewelry.
8. Parents must be on time to pick their child. If the parents are continuously late in picking up their child, that squad member will be penalized.
9. In order to be eligible for Block DC points, cheerleaders must finish the semester's activities and practices. A cheerleader's resignation from the squad prior to the end of the semester will not result in the student earning Block DC points.
10. Parents and Cheerleaders, please communicate with your coaches. We are a team and together we hope to help provide a fun, positive experience for all cheerleaders!

## Camp

We will be attending Buchanan High School's Elementary Cheer Camp August 3<sup>rd</sup> and 4<sup>th</sup>. The camp is mandatory, so please plan ahead. We will be learning routines that will be used throughout the year. Therefore, it is crucial that all members are present.

## No Cut Squads

Tryouts: April 19, 2017

**Spirit Squad:** This team is only for 4<sup>th</sup> grade. It is an introductory team into our pep and cheer program. Students will practice 1 hour/a month to learn some dance and cheer moves, make new friends, learn about what it takes to be a DC cheerleader, and have fun! Students on this team will participate in a few events to show what they've learned, show school spirit, and gain experience. Practice Day/Time: 1<sup>st</sup> Tuesday of every month 3:20-4:20, September-March.

### **Responsibilities:**

Besides attending practices, all squad members will participate in BHS Cheer Camp (summer-August), school rallies, elementary football carnival (September), and BHS Spirit Night (March).

**Game Squad:** This team is all about school spirit! This team is only for 5<sup>th</sup> and 6<sup>th</sup> grade students. The goal is to show school spirit by exciting and pumping up the crowd at rallies, home games, and events! Students will also get involved in school events. Students will practice 1 hour/week to learn basic cheer moves, jumps, cheer game actions, and rally routines. Practice Day/Time: Every Tuesday 3:20-4:20, August-January, March. Students whom wish to participate on a sport's team will split the time with game cheer. They will report to Game Cheer practice the first half, 3:20-4:00 then to their sport, 4:00-4:30. On Fridays they wear their sport's uniform to school. Participate in their sport, then if time allows change into their cheer uniform to help cheer at home games.

### **Responsibilities:**

Besides attending practices, all squad members will participate in BHS Cheer Camp (summer-August), school rallies, elementary football carnival (September), home football and basketball games, and BHS Spirit Night (April), school events: Doughnuts with Dad, Muffins with Mom, Grandparents Breakfast, DC cheer camps.

## Competitive Teams

Tryouts: October 3, 2017

Students on Spirit and Game will be invited to tryout

**MANDATORY Competition Dates:** January 27 CHS, March 3<sup>rd</sup> CW, March 10 CN

**Competition Pep:** This is a competitive dance team. These Panther Dancers will wow our audience at rallies with choreographed routines that include leaps, spins, turns, and other dance techniques. They will also compete in three local competitions. Time commitment is 2 hours/week October-March. One or two Saturdays in January and/or February. Possible 4 day/week practices during dead weeks. Practice Day/Time: every Tuesday 4:20-5:00, October-March.

**Competition Cheer:** This is a competitive cheer team. Cheerleaders on this team will learn tumbling, stunts, and dance all through a choreographed routines. Cheerleaders will



## Clinics and Tryouts

Clinics will be held, in the **new MPR** on Tuesday, April 18<sup>th</sup>, from 3:20-4:20. All participants will be learning a dance and game action. Tryouts will be held the following day, Tuesday, April 19<sup>th</sup>, from 1:45pm-3:00, in the **new MPR**. Please note, there will be **NO** after school transportation provided the day of tryouts.

The tryout process will be a no pressure, fun practice atmosphere where the students perform in groups for each other. This is more of a tryout for your child to see if they enjoy performing in front of a group and being a part of Dry Creek's Cheer program. If they wish to not be a part of Spirit Squad or Game Squad then no problem, just let a coach know. By declining Spirit or Game, they are also declining Competition Cheer and Pep.

All participants need to wear athletic clothes and tennis shoes with hair pulled back in ponytail. The team rosters will be posted on Mrs. Hutchason's door the day after tryouts.

If you have any questions regarding time commitment or obligations to the program, please contact the cheer advisor before the tryout process at [marniehutchason@cusd.com](mailto:marniehutchason@cusd.com).

## List of Important Dates

4/18 Clinics/Tryout Packet Due 3:20-4:20 new MPR

4/19 Tryouts 1:45-3:00 new MPR

5/2 Fittings Room 12, Deposit due to Hutchason 3:30-5:30

6/9 Remaining balance is due on the payment portal

8/3-8/4 August Cheer Camp

# Application

**Student Name:** \_\_\_\_\_

**Teacher Check-off:**

- Student does NOT have excessive tardies
- Student does NOT have any Subject grade below a C
- Student does NOT have any referrals/suspensions
- Student has never exceeded 4 PRs in a quarter

\_\_\_\_\_  
Teacher Name

\_\_\_\_\_  
Teacher Signature

I am trying out for:

Spirit Squad (4<sup>th</sup>)

Game Squad Only (5<sup>th</sup> and 6<sup>th</sup>)

Are you interested in trying out for a competitive team in October? If so which team?

Pep (4<sup>th</sup>- 6<sup>th</sup>)

Competition Cheer (4<sup>th</sup>- 6<sup>th</sup>)

Both (which ever one I make)

I have read the entire Dry Creek Elementary School Spirit and Gam Squad Cheer Handbook for the 2017-2018 school year, and I agree to abide by all of its rules and regulations if I make the squad. I understand that if I don't abide by these rules, disciplinary action will be taken.

\_\_\_\_\_  
Student Signature

I give my child full permission to try out for the 2017-2018 Dry Creek Spirit or Game Cheer Squad. I have read the entire Dry Creek Elementary School Cheer Handbook for the 2017-2018 school year, and I agree to hold my child responsible for abiding by all of the rules and regulations. I also agree to allow the school to follow through with any disciplinary actions against my child if he/she does not abide by the rules.

\_\_\_\_\_  
Parent Name

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Home Phone Number

\_\_\_\_\_  
Cell Phone Number

\_\_\_\_\_  
Email Address(s)